

# Safety Zone



3rd and 4th grades

Produced by Puget Sound Fire

& Northwest Fireflies

## Stay Afloat on a Boat

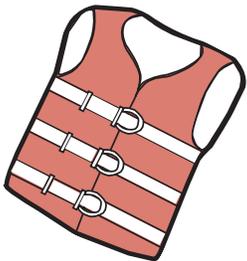
Riding in a boat can be dangerous if you don't follow the rules.  
Do the math problems below to find out four boating safety rules.

CODE:

a=1   b=2   c=3   d=4   e=5   f=6   g=7   h=8   i=9   j=10   k=11   l=12   m=13  
n=14   o=15   p=16   q=17   r=18   s=19   t=20   u=21   v=22   w=23   x=24   y=25   z=26

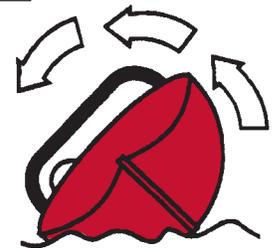
1. Always wear a \_\_\_\_\_ !

14-2=    5+4 =    18-12 =    0+5 =   
5+5 =    20-19 =    15-12 =    2+9 =    15-10 =    2+18 =



2. Don't \_\_\_\_\_ in a small boat.

4+15=    6+14 =    15-14 =    2+12 =    12-8 =



3. A boat can \_\_\_\_\_ in the water. If your boat turns over, \_\_\_\_\_ with the boat.

0+3=    20-19 =    8+8 =    7+12 =    20-11=    18+8=    5-0=   
15+4 =    22-2 =    12-11 =    6+19 =



4. Learn to \_\_\_\_\_ .

20-1=    18+5 =    3x3 =    17-4=

Answers:  
1. life jacket 2. stand  
3. capsizes, stay 4. swim

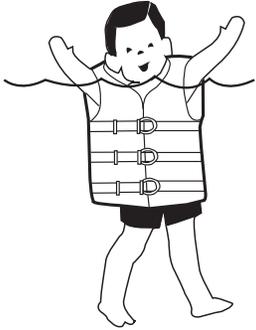
# Water Safety

## How does your life jacket fit?

A life jacket will not help keep you afloat if it does not fit properly.

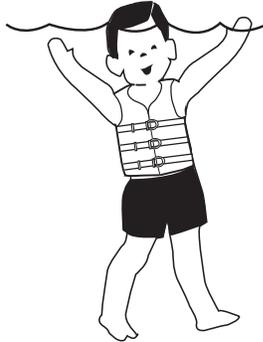
### Too BIG

Problem: can slip off over your head



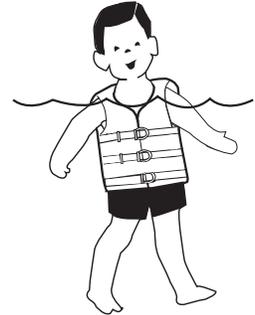
### Too SMALL

Problem: May not be able to keep your body afloat



### JUST RIGHT

No problem



## How to get the right fit

Look at the label on the inside for the following:

- US Coast Guard Approved
- User weight should match your weight.
- Chest size should match your chest size.

Try it on and check for the following:

- Can all buckles be buckled tightly with no gaps or overlaps?
  - If it overlaps, the jacket is too large.
  - If there are large gaps, the jacket is too small.
- Pull up on the shoulders.
  - Can it be pulled above the tops of ears? If so, it is too large.
- Are you able to move about comfortably?
  - If not, try another size or style of life jacket.



## A Day at the Lake

In the spaces below, complete the safety message using nouns, adjectives, or verbs.

Luis, Peter and Nikolai are \_\_\_\_\_ . On a \_\_\_\_\_ day, they decide to  
(noun) (adjective)  
swim in choppy water. Two of the \_\_\_\_\_ know how to swim. When they get to the  
(noun)  
lake, the lifeguard is \_\_\_\_\_ on the \_\_\_\_\_. He \_\_\_\_\_ the  
(verb) (noun) (verb)  
boys not to dive into shallow water, and to stay away from fast-moving water. On the  
\_\_\_\_\_, there are also \_\_\_\_\_ boats. The \_\_\_\_\_ put on  
(noun) (adjective) (noun)  
their life jackets and \_\_\_\_\_ out in the water. The life jackets will keep them  
(verb)  
from drowning if the boat capsizes. At the end of the \_\_\_\_\_, the \_\_\_\_\_  
(noun) (adjective)  
boys stop at the snack bar and buy a \_\_\_\_\_.  
(noun)