



**PUGET SOUND
REGIONAL FIRE AUTHORITY**
INTERNATIONALLY ACCREDITED FIRE AGENCY
Matthew Morris Fire Chief

*Professionally and
compassionately helping people*

FOR IMMEDIATE RELEASE

CERT Training Now Available

Kent, Wash – August 29, 2018 – Almost every month we hear about another natural disaster, often with massive amounts of damage and large loss of life.

Here in Puget Sound we live on the Ring of Fire, a chain of volcanic activity encircling the Pacific Ocean that also creates an enormous number of powerful earthquakes.

So how do we protect ourselves and our families?

One way is through Community Emergency Response Team training. CERT is a government program, hosted by local agencies to help people prepare for and survive the first 72 hours following a disaster, whether manmade or natural.

Puget Sound Fire and the Office of Emergency Management are offering the eight-week CERT program beginning September 18, 2018. The class meets on Tuesdays, with the first session beginning at 1:00 pm, and a second one at 6:00 pm.

Over the eight weeks, participants will gain valuable information and skills in:

- Search and Rescue
- Leadership and the Incident Command System
- Disaster Medical and Triage
- Heavy Lifting
- Hazardous Materials Recognition
- Fire Extinguishment
- Disaster Psychology

These classes are FREE and open to anyone in the area interested in being better prepared for a disaster.

For more information and to register go to [Fall CERT Information and Registration](#). You can also go our website at www.pugetsoundfire.org and click on “Training and Education.”

Praemonitus praemunitus – forewarned is forearmed.

MEDIA CONTACT: Captain Kyle Ohashi, PIO
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Serving the Communities of Covington, Kent, SeaTac & Fire District 37 • pugetsoundfire.org



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