



FOR IMMEDIATE RELEASE

Hot and Dry Weather Ahead

Kent, Wash – July 23, 2018 – The Puget Sound region is expected to continue experiencing the warmest temperatures of the year in the next week, when highs reach into the low-90s.

While warm weather means outdoor fun, please remember the potential dangers it also brings.

Health safety:

- Stay hydrated with non-caffeinated liquids
- Wear sunscreen – especially children
- Check on the elderly and those house-bound regularly
- Close drapes and windows during the day to keep homes cooler
- Consider waiting until the evenings before going out

Consider a Cooling Center (many with free bottled water):

- King County libraries
- The Kent Commons
- Kent Senior Center
- Local malls
- Theaters

Water safety:

- Wear a Coast Guard approved and well-fitting life jacket
- Swim at locations that have lifeguards
- Supervise children at ALL TIMES
- Know that lake and river temperatures can be as low as 50 degrees
- Remember that water activities and alcohol do not mix well

Fire safety:

- Know that there is a fire-safety burn ban in King County
- Check with your local fire department before starting any outdoor fires
- Never discard cigarettes or other burning materials on the ground
- Keep landscaping near your home well-watered and away from the building
- Dispose of BBQ ashes in a tightly sealed metal container – not a paper bag

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