



## **FOR IMMEDIATE RELEASE**

### **Off-duty Firefighter Helps Save Life**

Kent, Wash – October 30, 2017 – The Puget Sound RFA will honor one of its own on November 1, 2017, in recognition of his part in saving a life while off-duty.

On October 7, 2017, Captain Kent Knight was attending a charity basketball tournament at Tahoma High School when a spectator went into cardiac arrest. Kent, along with several other firefighters who were attending the game, began performing CPR on the patient. Using the school's automatic external defibrillator, the off-duty rescuers administered a shock to the patient's heart while continuing to perform CPR.

Shortly after that, firefighters from the Maple Valley Fire Department and King County Paramedics arrived and took over the patient's care. The patient was transported to a local hospital and has since been released back home.

While performing CPR is a common event for on-duty firefighters, being able to help save a life when not working is rarer.

The event that the off-duty firefighters were attending was for four-month old Lola Boyer. Lola is the granddaughter of Mike Boyer, a Renton Regional Fire Authority firefighter. The 3-on-3 charity basketball tournament was to help raise money to support Lola, who has two congenital heart issues.

The media is invited to join Puget Sound Fire as we recognize Captain Knight for his part in helping to save a life.

The other firefighters who performed CPR, the patient, and Lola's family are also planning on attending the meeting.

For more information about Lola, please visit her website at <https://posthope.org/lola>.

Meeting information:

Date: November 1, 2017

Time: 5:30 pm

Loc: Fire Station 78 (17820 SE 256 Street Covington, WA 98042)

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**MEDIA CONTACT: Captain Kyle Ohashi, PIO**  
24611 116th Avenue SE, Kent, Washington 98030  
**Desk 253.856.4481 - Cell 206.972.4082**