

*Serving the Cities of Kent, SeaTac, Covington, and King County Fire District 37*

*Professionally and Compassionately Helping People*

## Beat the Heat

Locations and tips to stay cool

**Kent, Wash. - August 18, 2016-** The National Weather Service has issued a *Heat Advisory* for western Washington through Saturday. Here is a list of local air-conditioned cooling centers and their hours of operation to help you beat the heat. All of the locations will have free bottled water available.

**SeaTac Community Center:** 13735 24 Ave. S.  
M-Th. 8:30 am-9:45 pm.; Fri. 8:30 am-5 pm; Sat. 10 am- 4 pm

**Valley View Library:** 17850 Military Road S.  
Th. 10 am-9 pm; Fri. 10 am- 6 pm; Sat. 10 am-5 pm

**Kent Commons:** 525 4 Ave. N.  
Th.-Fri. 6 am-9 pm; Sat. 8 am-9 pm

**Kent Library:** 212 2 Ave. N.  
Th. 10 am-9 pm; Fri. 10 am- 6 pm; Sat. 10 am-5 pm

**Kent Senior Center:** 600 E. Smith St.  
Th.-Fri. 8:30 am-4:30 pm

**Covington Library:** 27100 164 Ave. SE.  
Th. 10 am-9 pm; Fri. 10 am- 6 pm; Sat. 10 am-5 pm

**Other locations to keep cool:**

Shopping malls

Theatres

Grocery stores

**Hot weather safety tips:**

Check on at-risk friends, including the elderly and infirmed

Keep hydrated

Stay inside until later in the day when temperatures drop

Call 911 for heat related medical emergencies

For more information on staying safe during hot weather, go to [www.kcemergency.com](http://www.kcemergency.com).

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