

*Serving the Cities of Kent, SeaTac, Covington, and King County Fire District 37*

*Professionally and Compassionately Helping People*

## The 100 Deadliest Days and the Gift of Life

**Kent, Wash. - May 26, 2016-** For most people, the Memorial Day weekend is the start of summer. For teenagers, it begins the most dangerous 100 days of the year.

More teenagers are killed in car crashes during the 100 days between the Memorial and Labor Day weekends than during any other time of the year.

What makes the next 100 days so dangerous for teens?

- Teens drive more during the summer for recreational activities.
- They are more likely to have passengers in their vehicles.
- Alcohol consumption at parties or other events.
- Driving later in the evening than they are used to.
- Driving routes that they are less familiar with.

What can be done to protect teens and others on the road?

- Talk to your teen and set expectations on their driving.
- Remind teens about the dangers of distracted driving.
- Discuss when, where, and with whom they can drive.
- Know whether their driver's license has restriction on it about passengers and driving times.
- Set a good example as a parent by not texting, not speeding excessively, and not talking on your cell phone while driving.

### The Gift of Life

To help combat the 100 deadliest Days, the Kent Regional Fire Authority and the Kent School District will be hosting the Gift of Life at Kentwood High School. The GOL is a drinking/driving crash simulation involving students, bad decisions, and consequences.

Each year the Kent RFA, in partnership with the Kent School District, presents the GOL to high school students as graduation, prom, and summer break near. The crash simulation, which uses students from the school to increase the realism, is followed by a school assembly where guest speakers discuss different aspects of teens and alcohol.

This year's GOL will feature a judge, chaplain, and a father who lost his teenage daughter in an alcohol related crash.

The media is invited to the Gift of Life as the Kent RFA and the Kent School District work to keep teens safe and not a statistic during the 100 Deadliest Days.

Date: May 31, 2016

Time: 12:15 pm

Loc: Kentwood High School

25800 164 Ave. SE

Covington, WA 98042

Students will be available for interviews following the Gift of Life.

###

