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Professionally and Compassionately Helping People

The 100 Deadliest Days

Kent, Wash. - May 19, 2015- For most people, the Memorial Day weekend is the start of summer. For teenagers it begins the most dangerous 100 days of the year.

More teenagers are killed in car crashes during the 100 days between the Memorial and Labor Day weekends than during any other time of the year.

In 2012, according to the National Safety Council, nearly 1,000 people were killed in crashes that involved teen drivers. More than 550 of those killed were teens.

What makes the next 100 days so dangerous for teens?

- Teens drive more during the summer for recreational activities and drive routes they are less familiar with.
- They are more likely to have passengers in their vehicles.
- Alcohol consumption at parties or other events.

A recent study has shown that teens are more likely to be distracted by other people in their vehicle than by a phone or other technology based device.

What can be done to protect teens and others on the road?

- Talk to your teen and set expectations on their driving.
- Remind teens about the dangers of distracted driving.
- Discuss when, where, and with whom they can drive.
- Know whether their driver's license has restriction on it about passengers.
- Set a good example as a parent by not texting, not speeding excessively, and not talking on your cell phone while driving.

Make the next 100 days safe and enjoyable for all.

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